## **Quick Start Guide: Understanding High-Level CPD** Requirements (HLRs) for Intensive Care Medicine

As a Specialist Intensive Care Medicine Physician, you are required to complete a high-level CPD requirement (HLR) Educational Activity (EA).





## What you need to do

A specialist intensive care physician (including all fields or specialty practice) must complete an airway management of critically ill patients' activity ONCE every three years that is of a minimum three hours duration and involves an in-person practical workshop, preparatory and post activity components that specifically consider:

- airways assessment
- approaches to difficult airway and airway emergencies
- teamwork and leadership in an airway crisis
- familiarity with equipment
- CICO algorithms (can't intubate, can't oxygenate)
- management of tracheostomy emergencies simulation activities that should include performing intubation on appropriate mannequins to expose participants to difficult airway scenarios and include team-based responses.



To self-record your completed HLR, please follow these steps.

## Self-record on the CPD Home Desktop or App

- 1 Log in to CPD Home or click your App
- 2 From the Dashboard, click the Upload Activity button
- 3 Tick Intensive Care Medicine
- A Enter the details of the activity, including the date, month and year of completion, in the Details section. All fields are mandatory
- 6 Reflect on the learning you have undertaken
- 6 Upload your certificate as supporting evidence
- 7 Click Save

## You do the CPD. We do the paperwork.

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Edit a CPD activity record uploaded by the **Certified Learning Provider on your behalf** 

If you have completed a CPD activity through an AMA CPD Home Certified Learning Provider or Partner, they will upload your learning record on your behalf (unless otherwise stated on the CPD activity listing). You can edit your CPD activity record to tag it to your mandatory HLR by following the below steps.

- Log in to CPD Home or click your App
- 2 Click CPD Activities
- 3 Click Uploaded Activities
- 4 Click the relevant year from the drop-down menu
- 5 Locate the CPD activity you wish to update
- 6 Click Edit
- 7 Tick the HLR for Intensive Care Medicine
- 8 Click Save



Please note: You will not be able to edit HLR activities once you click Save. If you need to edit, please contact us and we will make the changes on your behalf.







